

# Central Zone Athletics Day Timetable

## Track Programme

Thursday 23 November 2017

**All times are approximate and events will be run back to back.**

|         |   |              |
|---------|---|--------------|
| 9:15am  | Year 7 Girls                                | 1500m final  |
|         | Year 7 Boys                                 | 1500m final  |
|         | Year 8 Girls                                | 1500m final  |
|         | Year 8 Boys                                 | 1500m final  |
| 9:30am  | <b>First round of field events to begin</b> |              |
| 9:30am  | Year 7 Girls                                | 200m heats   |
|         | Year 7 Boys                                 | 200m heats   |
|         | Year 8 Girls                                | 200m heats   |
|         | Year 8 Boys                                 | 200m heats   |
| 10:00am | Year 7 Girls                                | 100m heats   |
|         | Year 7 Boys                                 | 100m heats   |
|         | Year 8 Girls                                | 100m heats   |
|         | Year 8 Boys                                 | 100m heats   |
| 11:00am | Year 7 Girls                                | 400m Finals  |
|         | Year 7 Boys                                 | 400m Finals  |
|         | Year 8 Girls                                | 400m Finals  |
|         | Year 8 Boys                                 | 400m Finals  |
| 11:15am | Year 7 Girls                                | Relay heats  |
|         | Year 7 Boys                                 | Relay heats  |
|         | Year 8 Girls                                | Relay heats  |
|         | Year 8 Boys                                 | Relay heats  |
| 12:00pm | Year 7 Girls                                | 800m Finals  |
|         | Year 7 Boys                                 | 800m Finals  |
|         | Year 8 Girls                                | 800m Finals  |
|         | Year 8 Boys                                 | 800m Finals  |
| 1:15pm  | Year 7 Girls                                | 200m Finals  |
|         | Year 7 Boys                                 | 200m Finals  |
|         | Year 8 Girls                                | 200m Finals  |
|         | Year 8 Boys                                 | 200m Finals  |
| 1:30pm  | Year 7 Girls                                | 100m Finals  |
|         | Year 7 Boys                                 | 100m Finals  |
|         | Year 8 Girls                                | 100m Finals  |
|         | Year 8 Boys                                 | 100m Finals  |
| 1:45pm  | Year 7 Girls                                | Relay Finals |
|         | Year 7 Boys                                 | Relay Finals |
|         | Year 8 Girls                                | Relay Finals |
|         | Year 8 Boys                                 | Relay Finals |